



Access Towers

TRAINING COURSES

2024

Access Towers



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Download instruction manuals for our towers:
www.accesstowersgroup.co.uk/manuals

Mobile Tower Hire

Narrow, Standard, AGR, Fibreglass, Stairs, Cantilever, Bespoke...

→ Learn more



Low Level Access Hire

Podiums, Genie Lifts, Room Mates, Klik Folds, Steps, Ladders...

→ Learn more



Bespoke Applications

Customised access equipment bespoke designed to meet your site requirements...

→ Learn more



PASMA Training

Users, Low Level, Managers, Stairs & Cantilever training

→ Learn more



IPAF Training

IPAF training is provided third party through IPAF Approved training centres.

→ Learn more



Access Towers Services Ltd
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TRAINING COURSES

Access Towers have been a leading provider of workplace safety and health and safety training since 2004. We ended the 2023 year in the top 10 UK Training Centre's for PASMA out of 250.

From our South London based Training Centre in Croydon, or on-site at your own premises, we can deliver a range of in-depth and tailored training courses enabling you to prepare your workforce for the responsibilities of working on construction sites and in other fast paced environments.

Our training courses run from Monday to Sunday all year round and are for everyone using equipment whether that be commercially or domestically.

Please contact the Access Towers training team to discuss your requirements.

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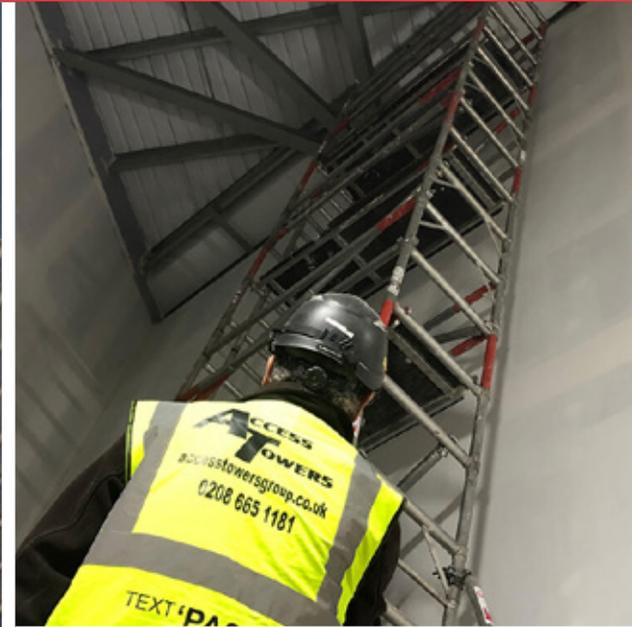
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PASMA TRAINING



PASMA®

APPROVED TRAINING CENTRE

PASMA TRAINING

PASMA Training, or Prefabricated Access Suppliers' and Manufacturers' Association Training, is essential for professionals working with mobile access towers. It teaches safe assembly, use, inspection, and dismantling of these towers.

This training is vital for construction workers, maintenance staff, and anyone who needs to work at height using mobile access towers, ensuring their safety and compliance with legal and industry standards.

Access Towers are one of only a few UK Training Centres qualified to run the full range of 1-day PASMA Courses.

This course is available at either our Training Centre or on-site at your premises.

PASMA TRAINING COURSE
PASMA Towers for Users
PASMA Combined: Towers for Users and Low Level Access
PASMA Towers for Managers
PASMA Towers on Stairs
PASMA Towers with Cantilevers
PASMA Towers with Bridge
PASMA Linked Towers



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IPAF TRAINING



IPAF TRAINING

IPAF Training, or International Powered Access Federation Training, focuses on the safe and efficient use of powered access equipment like boom lifts and scissor lifts. It is essential for operators, supervisors, and managers in industries like construction, facilities management, and equipment rental.

This training course ensures compliance with safety regulations, reduces the risk of accidents, and improves productivity by teaching the proper handling and operation of powered access equipment.

You can do one, two or all three of the operator qualifications per day (1b, 3a and 3b) at either our Training Centres or on-site at your premises.

IPAF TRAINING COURSE

IPAF **1b** (Static Boom)

IPAF **3a** (Mobile Vertical)

IPAF **3b** (Mobile Boom)

IPAF PAL+

IPAF MEWPs for Managers



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SAFETY HARNESS & LEADING EDGE TRAINING



SAFETY HARNESS & LEADING EDGE TRAINING

Safety Harness Training educates on the correct use, inspection, and maintenance of safety harnesses to prevent falls when working at height. It's essential for ensuring the proper and safe use of harnesses and minimising fall risks.

Leading Edge Training specifically addresses the dangers and safety measures required when working near unprotected edges, focusing on the use of appropriate fall protection systems and understanding the risks associated with working near these hazards.

Both safety harness and leading edge training are crucial for workplace safety and compliance with safety standards.

This course is available at either our Training Centre or on-site at your premises. We are also able to undertake this course at a mutual location, such as a hired meeting room.

Please speak to our team to discuss your requirements.

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SAFETY HARNESS & LEADING EDGE TRAINING COURSE STRUCTURE

Anchorage

Leading Edge

Inspection, Storage and Safe Use of Equipment
(Equipment tailored to your training requirements)

Rated Arrest and Fall Restraint

Improvised Fall Arrest and Fall Restraint Anchorage

Risk Assess Working at Height

Requirement of Regulations Working at Height

Requirements for Rescue



HARNES RESCUE TRAINING



HARNES RESCUE TRAINING

Harness Rescue Training equips individuals with the skills to safely rescue someone suspended in a safety harness after a fall.

It's essential for workers in height-intensive industries to ensure prompt, safe rescue, thereby reducing suspension trauma risks.

It's a program that is designed to teach individuals how to safely and effectively conduct a rescue operation for someone who has fallen and is suspended in a safety harness.

This course is available at either our Training Centre or on-site at your premises. Whereas its not necessary to do a practical session, we do prefer to do so for the learning aspects of a natural situation.

You must have an in-date certificate for Harness Training to do this course, Access Towers can provide a package course to do this and Safety Harness Training.

Please speak to our team to discuss your requirements.

HARNES RESCUE TRAINING COURSE STRUCTURE

Harness Suspension

Rescue Planning

Use of Rescue Equipment

Rescue Techniques

Post-Rescue Care

Practise Drills

Legal and Safety Compliance

Regular Refresher Training

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FIRST AID AT WORK TRAINING



FIRST AID AT WORK TRAINING

First Aid at Work Training is designed to equip individuals with the skills to handle health emergencies in the workplace.

It covers a broader range of topics than basic first aid, including handling specific job-related injuries and illnesses.

This training is crucial for designated first aiders in workplaces, ensuring they can provide effective emergency care and maintain a safer work environment.

It emphasises compliance with workplace health and safety regulations and prepares individuals to respond confidently to various medical situations at work.

This course is available at either our Training Centre or on-site at your premises.

FIRST AID AT WORK TRAINING COURSE

First Aid at Work Course (3 Days)
First Aid at Work Refresher Course (2 Days)
Emergency First Aid at Work (1 Day)

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MANUAL HANDLING TRAINING



MANUAL HANDLING TRAINING

Manual handling training teaches the safe handling of materials and objects, focusing on techniques to lift, carry, push, and pull safely. It's essential for reducing the risk of injury caused by improper handling, particularly in tasks involving physical labour.

This training is important for promoting workplace safety, ensuring individuals understand how to handle loads correctly, and helping to prevent musculoskeletal disorders, which are common injuries in various work environments.

This course is available at either our Training Centre or on-site at your premises.

MANUAL HANDLING TRAINING COURSE STRUCTURE

Understanding Manual Handling

Risks and Injuries

Legal Requirements and Risk Assessment

Safe Handling

Practical Exercises

Techniques

Reporting and Responsibilities

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ABRASIVE WHEELS TRAINING



ABRASIVE WHEELS TRAINING

Abrasive Wheels Training is essential for those using or managing the use of abrasive wheels, like grinding or cutting wheels. It covers the safe handling, storage, and operation of these tools.

The training is crucial for minimising the risk of accidents and injuries and ensuring users understand the hazards associated with abrasive wheels, including wheel breakage and exposure to dust.

This training promotes safety in the workplace and compliance with relevant health and safety regulations.

This course is only available at your premises where facilities meet the criteria. Equipment must be of the companies at the location of training.

ABRASIVE WHEELS TRAINING COURSE STRUCTURE

Types of Abrasive Wheels

Hazards, Risks and Safety Precautions

Inspection and Testing

Handling and Storage

Use of Machinery

Emergencies and Legal Compliance

Practical Demonstration

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SLINGER SIGNALLER A40A CPCS TRAINING



SLINGER SIGNALLER A40A CPCS TRAINING

Slinger Signaller (CPCS - A40a) Training is designed for individuals who will be responsible for signalling and communicating with operators of lifting equipment, primarily cranes.

Slinger Signaller (CPCS - A40a) Training is vital for ensuring that lifting operations are carried out safely and efficiently, with clear communication between the Slinger Signaller and the crane operator being key to preventing accidents.

This course is only available at our Training Centre and is a 4-day course.

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SLINGER SIGNALLER A40A CPCS TRAINING COURSE STRUCTURE

Understand industry role as a Slinger/Signaller, responsible for signalling and communicating in lifting operations.

Know various lifting equipment and accessories, their construction, use, and related terminology.

Adhere to manufacturers' guidelines, legislation, and interpret technical data and documentation.

Perform pre-use checks on lifting accessories, identify and manage defective items.

Determine load weight, dimensions, and centre of gravity, and communicate these to the crane operator.

Safely select and attach lifting tackle, and recognize hazards, including nearby services.

Secure and ensure the balance of loads, direct crane movement with clear signals.

Assess the suitability of operation areas, control loads, maintain communication, and manage lifting accessories.

ASBESTOS AWARENESS TRAINING



ASBESTOS AWARENESS TRAINING

Asbestos Awareness Training educates about the risks and identification of asbestos in buildings and construction materials.

It's crucial for understanding how to avoid disturbing asbestos, which can lead to serious health issues like lung cancer.

This training is important for anyone who might come into contact with asbestos during their work, helping to ensure their safety and compliance with health and safety regulations related to asbestos management and removal.

This course is available at either our Training Centre or on-site at your premises.

ASBESTOS AWARENESS TRAINING COURSE STRUCTURE

Identification

Effects of Exposure

Regulations and Legislation

Safe Work Practices

Emergencies

Avoidance of Disturbance

Asbestos Management

Asbestos Disposal

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FACE FIT TRAINING



FACE FIT TRAINING

Face Fit Training focuses on ensuring the correct fitting of respiratory protective equipment (RPE), like masks, to protect against hazardous substances. It's vital for ensuring individuals understand how to select, use, and maintain RPE properly for effective protection.

This training is important for minimising exposure to harmful dust, vapours, and gases, particularly in environments where these hazards are present.

It's key for workplace safety and compliance with health and safety regulations regarding respiratory protection.

This course is available at either our Training Centre or on-site at your premises.

FACE FIT TRAINING COURSE STRUCTURE

Importance, Types and Selection of RPE

Correct Fitting Procedures and Seal Checks

Maintenance and Storage

Limitations of RPE

Legal Compliance

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BANKSMAN TRAINING



BANKSMAN TRAINING

Banksman Training is designed for individuals responsible for directing the movement of vehicles and mobile equipment, especially in congested or high-risk areas.

The training is essential for personnel involved in the safe direction and coordination of vehicle movements, especially in areas such as construction sites, warehouses, and docking operations. It helps reduce the risk of accidents, improves efficiency in operations, and ensures compliance with workplace safety protocols.

This course is available at either our Training Centre or on-site at your premises.

BANKSMAN TRAINING COURSE STRUCTURE

Roles and Responsibilities

Communication

Vehicle Reversing Safety

Traffic Management

Risk Assessment and Legal Compliance

Accident Prevention

Emergency Procedures

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FIRE SAFETY AWARENESS



FIRE SAFETY AWARENESS TRAINING

Fire Safety Awareness Training educates on fire risks, prevention, and response. It's essential for all employees to ensure workplace safety, effective emergency response, and compliance with fire safety regulations.

It is important for all employees, regardless of their industry or role, as it equips them with the knowledge and skills to prevent fires, respond effectively in case of an emergency, and ensure their safety and that of their colleagues.

This training also helps organisations meet their legal obligations to maintain a safe workplace.

This course is available at either our Training Centre or on-site at your premises.

FIRE SAFETY AWARENESS TRAINING COURSE STRUCTURE

Understanding Fire Risks

Fire Prevention

Emergency Procedure

Use of Fire-Fighting Equipment

Role of Fire Wardens

Evacuation Plans

Compliance and Legislation

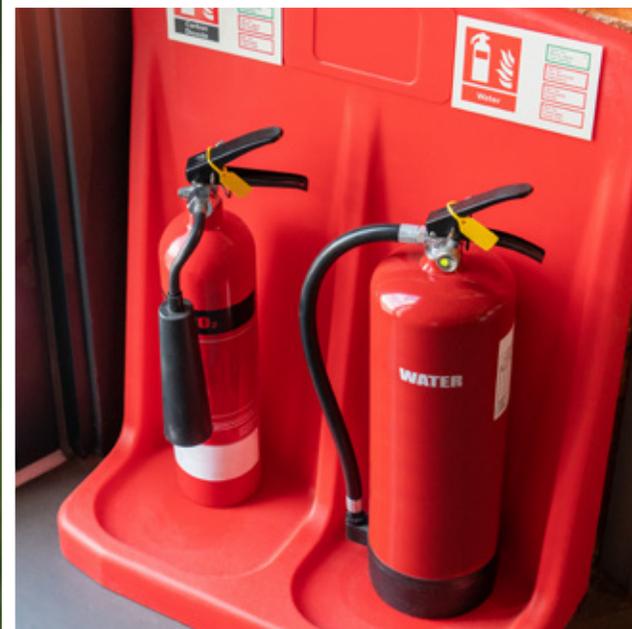
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FIRE MARSHAL TRAINING



FIRE MARSHAL TRAINING

Fire Marshal Training is an advanced programme that equips designated individuals with specialised skills for managing fire safety in the workplace.

Fire Marshal Training is essential for individuals who are responsible for fire safety management in their workplace. It not only enhances their ability to prevent and respond to fire incidents but also ensures they can lead and guide others during emergencies, contributing significantly to the overall safety of the workplace.

This course is available at either our Training Centre or on-site at your premises.

FIRE MARSHAL TRAINING COURSE STRUCTURE

Advanced Fire Safety Principles

Fire Prevention Techniques

Emergency Evacuation Procedures

Use of Fire-Fighting Equipment

Leadership in Emergencies

Awareness

Liaison with Fire Services

Record Keeping and Reporting

Post-Incident Procedures

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CONFINED SPACES TRAINING



CONFINED SPACES TRAINING

Confined Spaces Training is essential for individuals who work in or around confined spaces such as tanks, silos, pipelines, and trenches.

Confined Spaces Training is crucial for anyone who works in or near confined spaces, as it equips them with the knowledge and skills necessary to safely enter, work in, and exit these hazardous environments while minimising the risk of accidents and health issues.

This course is available at either our Training Centre or on-site at your premises.

CONFINED SPACES TRAINING COURSE STRUCTURE

Identification of Confined Spaces

Hazard Recognition

Safe Work Practises

Emergency Procedures

Legal Compliance

Health Risks and Communication

Atmospheric Testing and Monitoring

Practical Exercises

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London & The South East Since 2004**

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